

North Clackamas School District



**Parent
Institute**

where love meets learning

Saturday, February 28, 2009
drop in from 8 a.m. to 3 p.m.

Alder Creek Middle School
13801 SE Webster Road

Register at:
www.techcadre.com/parentinstitute
503-353-6040

free parent classes in Spanish

Kindergarten Readiness

Build self-confidence and school readiness skills in your pre-schooler. Find out how to tell if your child is ready for kindergarten. With María Perdomo of the Ready, Set, Go program.

Teaching Children Your Family Values

How to build strong communication with kids, teach your children what matters to you, and transfer your family values to the next generation. With Carmen Ortiz.

How to Set Boundaries

Boost school performance, increase safety, and improve behavior by learning positive discipline strategies to set and reinforce clear guidelines and expectations for children.

Homework Help

What can Spanish-speaking parents do to have a positive effect on their children's education? How to structure a child's day, how to help with homework, and how to volunteer in your child's school.

College Information

Find out about college and university options, admissions requirements, costs, scholarships, and financial aid. What advantages do college graduates have?

Choosing the Right Foods to Keep Your Family Healthy

Learn cooking and shopping strategies to prepare healthy and economical meals for your family, and find out why fast foods cause health problems for children, teens, and adults.

