

North Clackamas School District



**Parent
Institute**

where love meets learning

Saturday, February 28, 2009
drop in from 8 a.m. to 3 p.m.

Alder Creek Middle School
3801 SE Webster Road,

Register at:
www.techcadre.com/parentinstitute
503-353-6040

free two-hour seminars for all parents

Discipline with Love & Logic

Teach your kids responsibility through discipline that helps them grow from their mistakes.

Raising Kids of Good Character

Helping boys & girls build value systems to become responsible men & self-sufficient women. Presented by Rick Johnson.

A+ Strategies for Successful Parenting

Help your child create special memories and receive maximum benefit from family life. Presented by local author Dr. Steve Stephens.

Success Strategies for Students with ADHD

Helping kids with Attention Deficit Hyperactivity Disorder. Strategies to boost academic progress.

Effectively Transferring Your Values

Overcoming peer pressure, hugging the teen wrapped in barbed wire, and 5 habits to promote family closeness. With counselor Diane Moore.

Be Your Child's Life Coach: Connect through Respect

How to be a valued guide on the side as your child gains independence and makes important decisions. With Dr. Kathy Masarie, M.D.

How to Stop Bullying

Learn effective ways to stop harassment, maintain self-esteem, and promote positive peer interactions.

for parents of teens

The Reality & Risks of Teen Substance Abuse

Talking to teens about depression, alcohol, drugs, & marijuana--what works, and what doesn't. Reading the signs and symptoms of substance abuse.

Navigating Adolescence

Reaching the heart while teaching the head. Navigating the minefields of adolescence. Avoiding shipwrecks while enjoying the cruise.

The Birds & the Bees, the Cars & the Keys

Sex & teens today. 10 practical parent pointers for impacting the dating years. Knowing when your teen is ready to date. Providing your teen with tools for safe dating.

